

Report on International Yoga Day – 2023 celebrated on 21st June, 2023

National Service Scheme (NSS) of Sir Theagaraya College enthusiastically celebrates the International Yoga Day – 2023 on 21.06.2023. This year theme is “Yoga for VasudhaivaKutumbakam,” it means One Earth, One Family, One Future. Mr.V. Kathalingam, Assistant Professor of History, Sir Theagaraya College was the chief guest of the event. Mr.V. Kathalingam is a Yoga Enthusiast and he himself regularly practicing yoga. He interacted with young minds and spoke about history and importance of yoga. After the interaction with chief guest, all the participating students performed yoga. Dr. A. Sadeesh Kumar, NSS Programme Officer introduced the chief guest and Dr. V. Ramya, NSS Programme Officer proposed vote of thanks. The event was held at IQAC Conference Room, Life science Block of Sir Theagaraya College, Chennai. The event was organized by NSS Programme officers Dr. V. Ramya, Dr. A. Sadeesh Kumar, Dr. B. Sasikala, Dr. A. Koodalingam and Mr. R. Sathish.

Attachments:

SIR THEAGARAYA COLLEGE
Chennai - 21, Tamil Nadu

National Service Scheme (NSS)
Celebrates
International Yoga Day – 2023
(21st June, 2023)

Chief Guest:
Mr. V. Kathalingam, M.A., M.Phil.,
Assistant Professor of History
Sir Theagaraya College

Time: 10.00 AM
Venue: IQAC Conference Room - Life Science Block

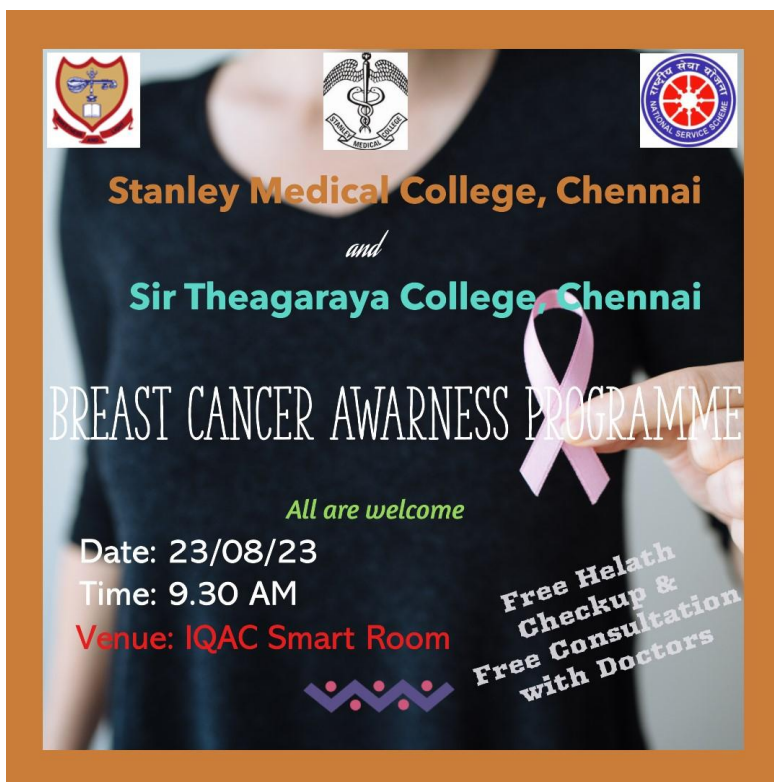
ALL ARE WELCOME

Shri. P. KUMARASWAMI Secretary
Dr. P. SENTHILKUMAAR Principal

Breast Cancer Awareness Programme

Report on Breast Cancer Awareness Programme conducted on 23rd August, 2023

On August 23, 2023, Sir Theagaraya College and Stanley Medical College, Chennai, collaborated to host a Breast Cancer Awareness Programme for teachers and female students. The event was organized by NSS units Programme officers Dr. V. Ramya, Dr. A. Sadeesh Kumar, Dr. B. Sasikala, Dr. A. Koodalingam, and Mr. R. Sathish. Dr. P. Seenivasan, Professor & Head, Department of Community Medicine, Stanley Medical College, along with his team and students, attended the programme. The health data of the participants, including height, weight, and blood pressure, were recorded. Participants also filled out a questionnaire. The highlight of the event was the informative session led by Dr. P. Seenivasan and his team. They explained the symptoms, identification procedures, and treatment options for breast cancer. This was followed by a counselling session. The event was well-received, providing valuable insights about breast cancer to the female students and staff members. It served as a significant step towards promoting health awareness and early detection of breast cancer.



Police Public Connectors Forum Event

Report on Police Public Connectors Forum Event conducted on 8thSeptember, 2023

On September 8, 2023, the Police Public Connectors Forum – Tamilnadu Police conducted a significant event at Sir Theagaraya College in collaboration with the college's National Service Scheme (NSS) units. The purpose of the event was to engage with the student community and promote their involvement in the Police Public Connectors Forum. Members from the Police Public Connectors Forum – Tamilnadu Police, Chennai Circle, actively participated in the event, interacting with students and encouraging them to join the forum as volunteers.

During the event, students were informed about the various activities they could participate in, such as road safety and traffic regulation. Tondiarpet Police Inspector facilitated the student volunteers and communicated their active participation to the police department. The college's auditorium provided the perfect setting for this interaction. The event was organized by NSS Programme officers, Dr. V. Ramya, Dr. A. Sadeesh Kumar, Dr. B. Sasikala, Dr. A. Koodalingam and Mr. R. Sathish. To enroll as volunteers, students submitted necessary documents including a xerox copy of Aadhar, College Identity Card, and a passport size photograph.

Enrolled students were encouraged to contribute to road traffic regulation every Saturday evening for two hours in their local areas, collaborating with regular police personnel. This initiative not only provided valuable assistance to the police force but also empowered students to actively engage in community service. The event successfully motivated and raised awareness among students about the Police Public Connectors Forum, fostering a sense of civic responsibility and encouraging active participation in maintaining law and order within their communities.

National Leprosy Eradication Programme

Report on National Leprosy Eradication Programme conducted on 15th September, 2023

The National Leprosy Eradication Programme – IEC Screening and Sanitization awareness programme was conducted in Sir Theagaraya College, in collaboration with National Leprosy Eradication Programme (Tamilnadu Chapter), Government of Tamilnadu on September 15, 2023. The programme was organized by the National Service Scheme (NSS) units of Sir Theagaraya College with the aim of enlightening college students about the leprosy. The event featured esteemed resource persons from Health Department of Tamilnadu, Mr. Balasundaram, District Health Educator, Mr. Mohan, Non-Medical Supervisor, Mr. Sundarrajan, Health Inspector and Mr. Pannerselvam, Health Inspector. The occasion took place at the IQAC auditorium, and it was diligently organized by NSS Programme officers, Dr. V. Ramya, Dr. A. Sadeesh Kumar, Dr. B. Sasikala, and Dr. A. Koodalingam. These experts brought their wealth of knowledge to the forefront, ensuring that the students received comprehensive information on leprosy. The resource persons explain everything about the disease leprosy – causes, symptoms, stages and treatment procedures. They explained the Tamilnadu government initiatives and the leprosy rate of Tamilnadu is the lowest in India. However still few cases were reported in Tamilnadu mainly due to migrant workers. They emphasized the continuous monitoring and care for leprosy patients are very important. Students interacted with experts and cleared their doubts. The National Leprosy Eradication Programme – IEC Screening and Sanitization Awareness Programme at Sir Theagaraya College was a resounding success. It not only educated students about leprosy but also raised awareness about the government's initiatives in combating the disease. By fostering a sense of social responsibility, the event has undoubtedly contributed to the ongoing efforts to eradicate leprosy from Tamilnadu and, eventually, the entire country. It served as a reminder that knowledge and compassion are powerful tools in the fight against diseases that affect the most vulnerable in society.

Organ Donation Awareness Programme

Report on Organ Donation Awareness Programme conducted on 26th September, 2023

The Organ Donation Awareness Programme conducted by the National Service Scheme of Sir Theagaraya College, in collaboration with Stanley Medical College, Chennai, on September 26, 2023. The initiative was orchestrated by the National Service Scheme (NSS) with the aim of enlightening college students about the critical need for organ transplantation and the vital role of community awareness in saving lives. The event featured esteemed resource persons, Mr. S. Senthil Kumar, Senior Transplant Coordinator & Grief Counsellor, and Mr. S. Suresh, Grief Counsellor, both from Stanley Medical College, Chennai. The occasion took place at the college's auditorium, and it was diligently organized by NSS Programme officers, Dr. V. Ramya, Dr. A. Sadeesh Kumar, Dr. B. Sasikala, Dr. A. Koodalingam and Mr. Sathish. The Organ Donation Awareness Programme aimed to address this issue by enlightening college students about the critical importance of organ donation. The Programme was a well-organized event that left a lasting impact on the college students. The Resource Persons: Mr. S. Senthil Kumar and Mr. S. Suresh, both experts in their field, delivered captivating presentations and shared real-life stories of successful organ transplantations, evoking emotions and empathy among the students. The speakers emphasized the alarming scarcity of organs for transplantation, with countless patients languishing on waiting lists for years, hoping for a second chance at life. The dire need for more donors was made evident. The event featured interactive sessions where students could ask questions and seek clarification on organ donation-related matters. The Organ Donation Awareness Programme was a resounding success. It accomplished its primary goal of increasing awareness about the importance of organ donation among college students.

